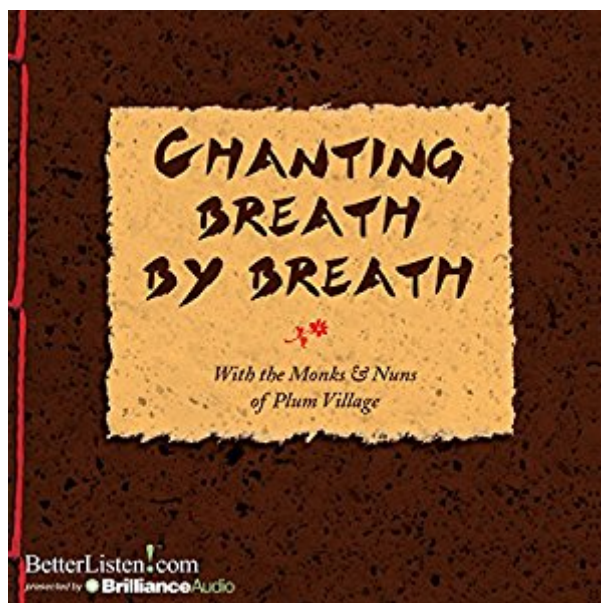


The book was found

Chanting Breath By Breath



Synopsis

The chants and music in this audiobook are some of the first petals to open on this beautiful flower. Chanted by the resident community of Plum Village in 2002.

Book Information

Audible Audio Edition

Listening Length: 1 hour 5 and 9 minutes

Program Type: Audiobook

Version: Original recording

Publisher: BetterListen

Audible.com Release Date: December 1, 2015

Language: English

ASIN: B018SS9XS0

Best Sellers Rank: #222 in Books > Audible Audiobooks > Arts & Entertainment > Music

#270 in Books > Audible Audiobooks > Religion & Spirituality > Buddhism & Eastern Religions

#457 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Zen >

Spirituality

Customer Reviews

Thank you Thay and all who produced this beautiful work! It is a perfect addition to the sutra book from Plum Village sold by the name "Chanting from the Heart." The sound quality is very good. The deep bells are moving. The nice voices of those chanting are wonderful. To me, this takes my practice to a whole new level of the heart. To hear the chants and songs stirs the heart. The last song, "Nothing" is preceded by the laughter of young children and others and the joy and lightness of it is contagious. The English world needs to use these wonderful chants and songs to build truly functional religious communities for those who follow the teaching of Buddha. If I could wish for anything more, it would simply be a full CD set of all the chants and songs, not just an abridged version.

I had this a long while ago - found it again and bought it. I missed it, in times of stress I seem to start chanting my favorite on here. So I think it's a blessing to have. This is really nice and I love the nuns. Everyone's voice on this album is so calming and pleasant.

A beautiful way to start my day! This CD has great potential to help us create a more loving and

harmonious world by encouraging each of us to practice being more loving and harmonious ourselves.

Great CD for meditation! I use it as I am a beginner in meditation so this CD has helped me.

Really enhances the book!

okay

This CD is the audio companion to Thich Nhat Hanh's "Plum Village Chanting and Recitation Book," ISBN # 0938077910. The CD contains the bulk of the recitations for your daily practice. The tunes are easily mastered if you wish to join in, the sound quality is excellent, and the singing is clear and at times arrestingly beautiful. Well-placed ringing of deep and high bells mark beginnings and endings and provide a source of focus for your meditation practice. The book provides the structure for your daily practice sessions and offers additional chants, poems and brief sutras recommended for your daily practice but not found on the CD. This CD, in conjunction with the companion book, can be used daily to structure your practice sessions, to provide support to settle the mind, and to rehearse important Buddhist teachings. Also recommended is Thich Nhat Hanh's "Plum Village Meditations," which I hope will someday be available on CD.

The content is awesome. The singing is so beautiful. Amazingly, English is the 2nd or 3rd language for most of the nuns and monks. Simple and beautiful sound.

[Download to continue reading...](#)

Chanting Breath by Breath The Art of Torah Cantillation: A Step-by-Step Guide to Chanting Torah [Book + CD] The Art of Cantillation, Vol. 2: A Step-By-Step Guide to Chanting Haftaret and Mgilot with CD (Audio) Chanting the Hebrew Bible (Student Edition) Chanting from the Heart: Buddhist Ceremonies and Daily Practices Chanting the Psalms: A Practical Guide with Instructional CD Chanting Down Babylon: The Rastafari Reader Flow of Grace: Chanting the Hanuman Chalisa Chanting the Hebrew Bible, Second, Expanded Edition: The Art of Cantillation The Psalms of David: Pointed and Edited for Chanting by George H. Guest Bone, Breath, and Gesture: Practices of Embodiment Volume 1 (Bone, Breath, & Gesture) (Vol 1) Breath By Breath: The Liberating Practice of Insight Meditation Breath by Breath: The Liberating Practice of Insight Meditation (Shambhala Classics) One Breath at a Time: Buddhism and the Twelve Steps Memory's Last Breath: Field

Notes on My Dementia Science of Breath Foundations in Craniosacral Biodynamics, Volume One:
The Breath of Life and Fundamental Skills Combating Biofilms: Why Your Antibiotics and
Antifungals Fail: Solutions for Lyme Disease, Chronic Sinusitis, Pneumonia, Yeast Infections,
Wounds, Ear ... Bad Breath, Cystic Fibrosis and Implants With Every Breath: stories by and about
people living with cystic fibrosis Every Breath You Take: Revolutionary Asthma Treatment

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)